

SA Champs Sprint and Gauteng Champs Middle and Long - Entry List

Name	Surname	Club	Sprint - Sat AM		Middle - Sat PM		Long - Sun AM	
			Category	Start Time	Category	Start Time	Category	Start Time
Seamus	Anderson	N/A	M16	08:44				
Margaret	Archibald	Penoc	W21A	08:37	W21A	14:45	W21A	09:44
Ian	Bratt	Roc					M50	10:03
Derek	Brentano	Raco	M50	08:50	M50	14:23	M50	09:31
Zoe	Brentano	Raco	W20	08:58	W20	14:08	W20	09:11
Timothy	Chambers	Raco	M16	09:10	M16	14:33		
Del	Comins	Roc	W65	08:32	W65	14:17	W65	09:36
Brian	Courtnage	Raco	M40	08:43	M40	14:30	M40	09:32
Christie	Courtnage	Raco	W12	08:33	W12	14:35	W12	09:28
Stephanie	Courtnage	Raco	W20	08:42	W20	14:20	W20	09:19
Michael	Crone	Witsoc	M21A	08:36	M21A	14:28	M21A	09:09
Alison	Curtis	Raco			W45	14:38	W45	09:32
Christopher	De Klerk	AR	M20	09:11	M20	14:12	M20	09:44
Glynn	De Klerk	Raco	M40	09:15	M40	14:48	M40	10:04
Joshua	De Klerk	Raco	M12	08:32	M12	14:44	M12	09:44
Nicholas	De Klerk	UCT MSC	M21A	08:45	M21A	14:37	M21A	09:25
Pat	De Klerk	Raco	M60	08:46	M60	14:12	M60	09:42
Daniel	De Vallier	AR	M21A	08:04	M21A	14:25	M21A	09:29
Colin	Dutkiewicz	Penoc	M40	08:39	M40	14:57	M40	09:24
Albert	Epprecht	Raco			M60	14:42	M60	09:50
Ake	Fagereng	Penoc	M21A	09:09	M21A	14:55	M21A	09:57
Brian	Gardner	AR	M21A	09:05				
Lauren	Goulding	AR			W21A	14:21	W21A	09:12
Saskia	Grieder	Penoc	W20	08:34	W20	14:14	W20	09:03
Mike	Hall	Penoc	M50	08:58	M50	14:41	M50	09:47
Martin	Hanlon	Raco			M60	14:06	M60	09:18
Donnay	Harrison	N/A	W16	08:41				
Bridget	Hattingh	Raco			W21B	14:27	W21B	09:46
Dylan	Hemer	Witsoc	M21A	09:21	M21A	14:40	M21A	09:41
Jessica	Hemer	Raco	W20	08:50	W20	14:26	W21A	10:00
Peter	Hemer	Raco	M50	08:31	M50	14:11	M50	09:39
Catherine	Horrockse	Roc					W35	09:48
Evan	Howell	Raco	M40	09:07	M40	14:24	M40	09:16
Pat	Howell	Raco	W35	08:40	W35	14:03	W35	09:09
Steve	Kench	Roc			M60	14:18	M60	09:02
Steven	Kernick	N/A	M16	09:06				
Martin	Kleynhans	Penoc	M21A	08:47	M21A	14:34	M21A	09:13
Judy	Kluge	Penoc	W21A	08:56	W21A	14:03	W21A	09:04
Stijn	Laenen	AR	M21A	08:00	M21A	14:52	M21A	09:01
Charles	Lautenbach	Roc	M70	08:42	M70	14:20	M70	09:20
Keenan	Lewis	N/A	M16	09:00				
Richard	Lievaart	N/A	M21A	08:57	M21A	14:16	M21A	09:37
Jessica	Lund	Raco	W21A	09:00	W21A	14:39	W21A	09:20
Richard	Lund	Raco	M50	08:54	M50	14:35	M50	09:23
Paul	Macey	Penoc	M21A	08:30	M21A	14:43	M21A	09:05
Zah	Mashinini	N/A	W16	08:45				
Garry	Morrison	AR	M21A	08:53	M21A	14:58	M21A	09:45
Sean	Morrison	Roc					M21A	09:21
Liz	Mulder	Roc	W21A	08:52	W35	14:21	W35	09:16
Nicholas	Mulder	Roc	M21A	09:17	M21A	14:46	M21A	09:49
Nobuhle	Nkosi	N/A	M16	08:48				
Cian	Oldknow	Raco	W16	08:49	W16	14:14		
David	Pilling	Raco	M40	09:03	M40	14:36	M40	10:12

Piers	Pirow	Raco	M40	09:27	M40	15:00	M40	10:20
Alex	Pope	Witsoc	M21A	09:25	M21A	14:22	M21A	09:53
Sarah	Pope	Roc	W21A	08:54	W21A	14:51	W21A	10:08
Trevor	Pope	Roc	M50	09:02	M50	14:05	M50	09:07
Charles	Raban	Raco	M60	08:37	M60	14:24	M60	09:34
Philip	Raban	Raco	M21A	08:41	M21A	14:31	M21B	09:35
Ricky	Raine	Penoc	M40	08:51	M50	14:17	M50	09:55
Kevin	Reeves	AR	M21A	09:23	M21A	14:13	M21A	09:33
Roark	Robinson	Penoc	M16	08:56	M20	14:54	M16	09:14
Jenny	Saunders	Raco	W45	08:35	W45	14:26	W45	09:25
Ruedi	Siegenthaler	Penoc	M50	08:34	M50	14:29	M50	09:15
JP	Sissing	Raco	M20	08:59	M20	14:18	M20	09:48
Karin	Spottiswoode	Rpc					W55	09:52
Steve	Spottiswoode	Roc			M60	14:36	M60	09:58
Lionel	Stander	Raco			M40	14:06	M40	09:08
Anthony	Stott	Raco	M21A	09:01	M21A	14:19	M21A	09:17
Jane	Swarbreck	N/A	W21A	08:44	W21A	14:15		
Glen	Terry	Penoc			M60	14:30	M60	09:26
Sheila	Terry	Penoc			W65	14:29	W65	09:04
Nathan	Thompson	AR	M21A	09:13	M21A	14:49	M21A	10:01
Laura	Troost	Penoc	W16	08:38	W16	14:32	W16	09:40
Nico	Van Hoepen	Raco	M21A	08:55	M21A	14:10	M21A	10:05
Salome	Van Hoepen	Raco	W21A	08:31	W21A	14:33	W21A	09:28
Willem	Van Hoepen	Raco	M60	08:40	M60	14:00	M60	09:10
Cindy	Van Zyl	AR	W21A	08:48	W21A	14:09	W21A	09:52
Gavin	Venter	Raco	M40	09:19	M40	14:42	M40	09:56
Leila	Venter	Raco			LN	14:11	SN	09:00
Micaela	Venter	Raco	W12	08:39				
Heather	Wimberley	Raco	W12	08:36	W12	14:23	W12	09:12
Paul	Wimberley	Raco	M40	08:33	M40	14:00	M40	09:00
Sarah	Wimberley	Raco	SN	late			SN	09:56
Tania	Wimberley	Raco	W21A	08:46	W21A	14:27	W21A	09:36
Ben	Young	N/A			M21B	14:02	M21B	09:27

Total