



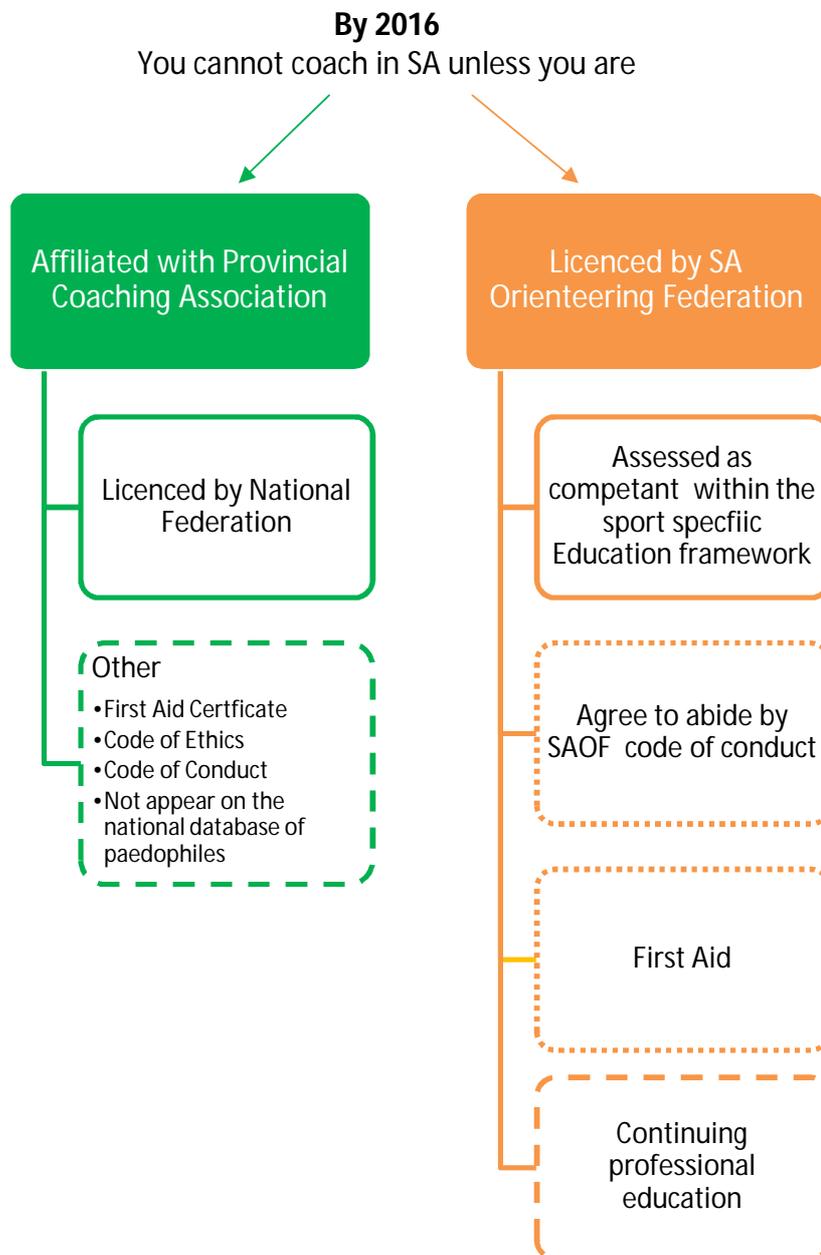
The Orienteering Coaching System

Introduction

This document aims to briefly explain:

- Why formalisation of coaching structures for orienteering is imperative;
- How this is to be done;
- How we fit into the SA model for Long Term Coach Development (LTCD); and
- What is the coaching administrative system in SA Orienteering

Structure under the SA Coaching Framework



..... = Only applicable for certain levels of coaches at this stage
 - - - - - = Area under development



Sport Specific Education Framework - for orienteering

The Orienteering Coaching Education System starts at a Pre coach level where the objective is to ensure that school coaches receive an induction into orienteering. This is a **certificate of attendance based system** and is done by:

- Attendance of the SA level 1 teaches course

(Note: We are considering how having received instructions on the how to use the "O in the Box system" can fit into the system.)

The next step in the Framework is a more **formalised assessment process** where the coaches will be assessed as being competent having:

- Attended a course;
- Performed various Practical's;
- Completed various task;
- Being assessed as being competent by an assessor a specific practical coaching session

By August/September 2013 SAOF had 12 coaches assessed as competent under the UK Coaching Certificate System ("UKCC"). In September 2013 the SAOF management committee formally agreed that coaches assessed as competent within the UKCC 1 and UKCC 2 education programs are granted an equivalent SAOCC 1 and SAOCC 2.

Within the South African LTCD model the:

- SAOCC 1 fits into the assistance coach level; and
- SAOCC 2 fits into the coach level.

The UKCC system will be adapted in due course such that it:

- Is aligned with the SA National Qualification Framework (NQF);
- Can be delivered directly in SA;
- Can be registered with the SA Qualifications Authority (SAQA); and
- Can form part of electives to be taken as part of a sports specific qualification.

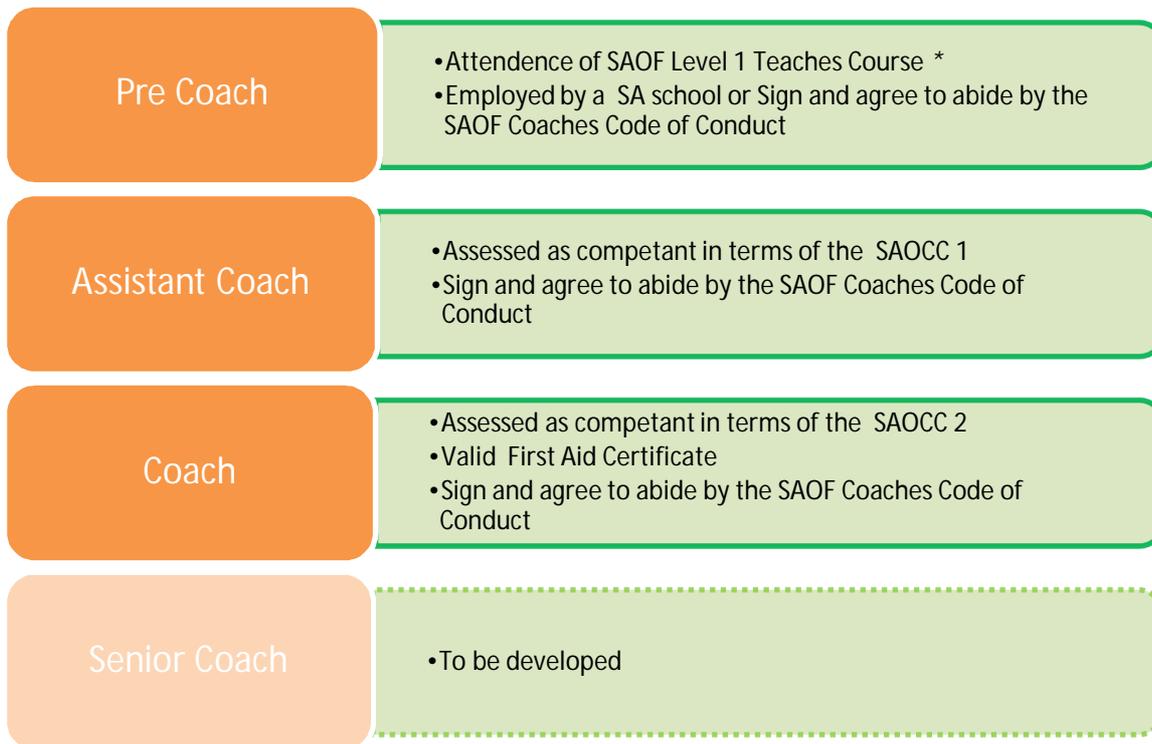
SA model for Long Term Coach Development (LTCD)

The LTCD document was published by SASCOC in 2012. LTCD is the core structure for the formal qualification and recognition of coaches in SA. It is an inclusive strategy to ensure the system caters for the recognition of coaches. It also assists to empower those coaches who have been coaching for a long time but without any formal qualification. The intention is to bring everybody who is coaching into the stream.



Pathway for development for Volunteer Coaches

The competency assessments are done in terms of systems that are aligned with, but not necessarily on the NQF.



* the applicability of how the "O in the Box" system fits into the structure till needs to be more fully developed and agreed upon by the SAOF coaching commission.

Recognition of Prior Learning

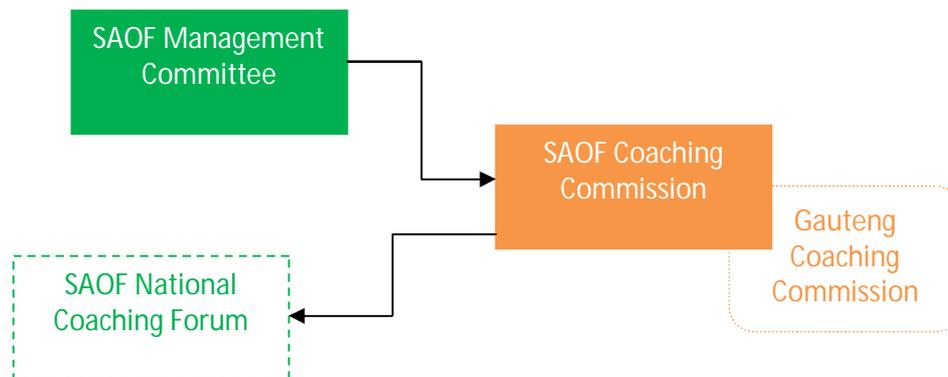
A formal process of **recognition of prior learning** will be undertaken to bring into the system active coaches who have learnt their skills other than through the above structures (For example teaches who have been actively involved in orienteering coaching for some years and have learnt their skills by means other than the level 1 teachers course).

Pathway for development of Professional Coaches

This system is still to be developed. The sports specific qualifications will however be at a NQF level (ie not just aligned), and will cater for coaches at a Coach, Senior Coach and Master Coach level



Coaching Administrative system in SA



Dots indicates separate body will not be formed but responsibilities to be expanded to this area
Dashes indicate a newly formed body

Explanation of the roles within the structures:

The **SAOF Coaching Commission** is responsible for **policy** by:

- Developing the SAOF coach training and accreditation infrastructure;
- Developing content for training material appropriate for each qualification level;
- Developing an accreditation scheme for the coaching qualifications;
- Following LTPD principles in the development of the coaching level specifications; and
- Considering alignment with the SA LTCD for this coaching framework.

The members of the 2013 SAOF Coaching Commission are:

- Garry Morrison (consultative & liaison with SAOF)
- Nicholas Mulder
- Sarah Pope
- Tania Wimberley (Chair)

The **SAOF National Coaching Forum** aims to **foster an environment of sharing and learning** amongst orienteering coaches by:

- Creating opportunities for coaches to discuss coaching related matters and gain new learning's;
- Facilitating the sharing of coaching ideas and practical experiences;
- Creating an environment for coaches to support each other; and
- Supporting coaches in setting and achieving their own personal coaching goals.

All coaches who attended the Level 1 and level 2 UKCC courses have been invited to join the SAOF National Coaching Forum.