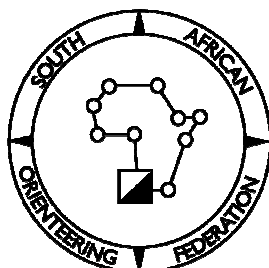


**Gauteng Orienteering Championships**  
**and South African Sprint Orienteering Championships**



**14<sup>th</sup> – 16<sup>th</sup> June 2014**



Organised by the Rand Orienteering Club and Wits University Orienteering Club

<b>Saturday 14 June:</b>	SA Champs Sprint distance	Woolands Office Park, Woodmead
<b>Sunday 15 June:</b>	Gauteng Champs Middle distance	The Big Red Barn, Olifantsfontein
<b>Monday 16 June:</b>	Gauteng Champs Long distance	The Big Red Barn, Olifantsfontein

**Venues:**      **Woodlands Office Park ([www.thewoodlands.co.za](http://www.thewoodlands.co.za))**

The area is a corporate office park with a dense building environment. Buildings, passageways and underpasses, stairways and walls are abundant. The area also has a well developed green space with bushland, small ponds, grassy areas and landscaped lawns, with a section of the office park set aside for wildlife. The area is ideal for urban sprint orienteering racing.

**The Big Red Barn ([www.thebigredbarn.co.za](http://www.thebigredbarn.co.za))**

This area, originally a herb farm for a major supermarket group, has recently been developed into a bike park, with many kilometres of bike tracks that are used for mountain biking, as well as trail running. The area is dominated by a large eucalyptus forest of varying runability and visibility, with interspersed areas of highveld grassland and dense bush thickets. Historical earthworks have created a patchwork of depressions, dongas and knolls in the area with some wetland environments. The area is bisected by the Olifantspruit. The Big Red Barn has been developed into a restaurant and function facility with an acrobranch tree canopy development for the whole family.

**Embargoes:**      The Woodlands Office park is embargoed from Sunday 8 June. Prior to this, the area is un-embargoed, but potential participants may not access the area with a map, nor test route choices or route options.

The Big Red Barn and its surrounding property are embargoed with immediate effect. An exception to the embargo is for the Moonchaser Trail Run series of events ([www.wildtrail.co.za](http://www.wildtrail.co.za)), where potential participants may compete. Participants are restricted to the marked route during the race only and may not enter the area prior to or after the race.

**Categories:** Categories below are valid for all 3 competition days. Competitors may compete in different categories on different days.

Senior Championship: M/W21E (World Ranking Event on 15<sup>th</sup> June)

Junior Championship: M/W12, M/W16, M/W20

Veteran Championship: M40, M50, M60, M70, M80

W35, W45, W55, W65, W75

Non-Championship: M/W21B

Open Short (orange level), Open Medium (light green)

Open Red (trail runners course) on 15 & 16 June only

Competitors aged **20 or younger** belong to each class up to the end of the calendar year in which they reach the given age. They are entitled to compete in older classes up to and including 21.

Competitors aged **21 or older** belong to each class from the beginning of the calendar year in which they reach the given age. They are entitled to compete in younger classes down to and including 21.

The **Open Red** routes are designed specifically for people wanting to run on trails. The entire route can be completed without needing to leave the track network. The course distance for this category is approx. 5km on 15<sup>th</sup> June and 8km on 16<sup>th</sup> June.

The M21E and W21E are run as a **World Ranking Event** at the Middle distance (15 June).

<b>Times:</b>	<u>Sprint – Saturday</u>	<u>Middle – Sunday</u>	<u>Long-Monday</u>
Registration / Info:	from 13h00	from 10h00	from 08h00
Starts:	13h30 – 15h00	10h30 – 12h00	08h30 – 10h30
Start intervals:	2 min	3 min	4 min
Maximum Time Limit:	01h30	2h30	3h00
Prize Giving:	n/a	n/a	13h30

\* Split start times for families will be given on request via online entry.

**Eligibility:** Competitors on Championship courses must be members of a club affiliated to the SAOF or members of an Orienteering Club outside South Africa.

Only members of a club affiliated to the SAOF and who have been resident in South Africa for six months will be eligible for Championship trophies/medals (as per SAOF competition rule 4.1).

**Timing:** The Emit timing and punching system will be used. Emit cards are available for hire for those who do not own a card.

**Maps:**

**Sprint:** 1:4'000 with 5m contour intervals. Surveyed and drawn to ISSOM2007 specifications by Roger Blane (RACO).

**Middle:** 1:10'000 with 5m contour intervals. Surveyed and drawn to ISOM2000 specifications by Cobus Van Zyl (AR Club).

**Long:** 1:10'000 with 5m contour intervals. Surveyed and drawn to ISOM2000 specifications by Cobus Van Zyl (AR Club).

Maps will be printed on waterproof synthetic paper.

**Clothing:** There is no restriction on competition clothing. However, leg protection is advised for Sunday and Monday events at The Big Red Barn due to sharp branches, long grass, etc.

<b>Event Officials:</b>	<u>Sprint – Saturday</u>	<u>Middle – Sunday</u>	<u>Long-Monday</u>
Planner:	Roger Blane	Cobus Van Zyl	Cobus Van Zyl
Controller:	Sarah Pope	Cindy Van Zyl	Cindy Van Zyl
WRE Advisor:	n/a	Ian Bratt	n/a

**Event Director:** Nicholas Mulder [nmulder@infodoor.co.za](mailto:nmulder@infodoor.co.za) tel: (082) 898 7871

<b>Entry fees:</b>	<u>Category:</u>	<u>Per Event</u>
	Seniors / Veterans:	R 80.00
	Open Categories:	R 80.00
	Juniors / Student Clubs:	R 60.00
	Groups (on Open Courses only):	R 100.00
	Emit Hire:	R 10.00 per day
	Extra Map	R 15.00 per additional map

**Entries:** Online at [www.orienteingonline.net](http://www.orienteingonline.net) on or before **Monday 9<sup>th</sup> June 2014**.

**Late entries** (after 9<sup>th</sup> June) only accepted at registration on the day for the Open Courses.

Event website: [www.roc.org.za](http://www.roc.org.za)

**Payment:** Online by internet banking or direct deposit on or before **Monday 9<sup>th</sup> June 2014**.

Name: Rand Orienteering Club  
Bank: Standard Bank  
Branch: Boksburg (011842)  
Account #: 025096311

Proof of payment to [entries@roc.org.za](mailto:entries@roc.org.za). Please give surname as payment reference.

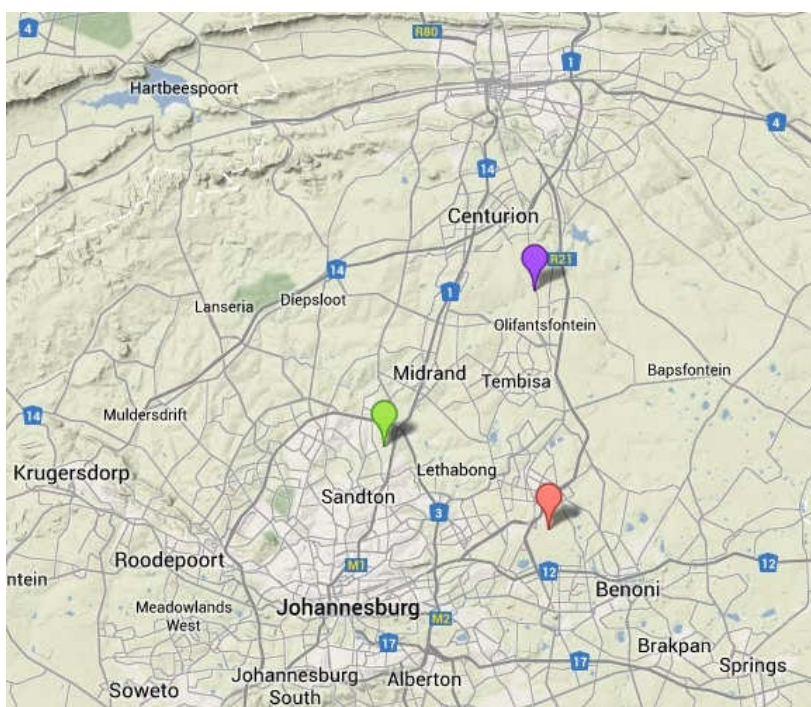
**Indemnity:** Competitors participate at their own risk. Insurance against accidents shall be the responsibility of competitors themselves. The SA Orienteering Federation, the Rand Orienteering Club, the University of the Witwatersrand Orienteering Club and the land owners accept no responsibility for injuries incurred whilst competing in or attending these events.

**General map of the areas:**

**Pink – OR Tambo airport**

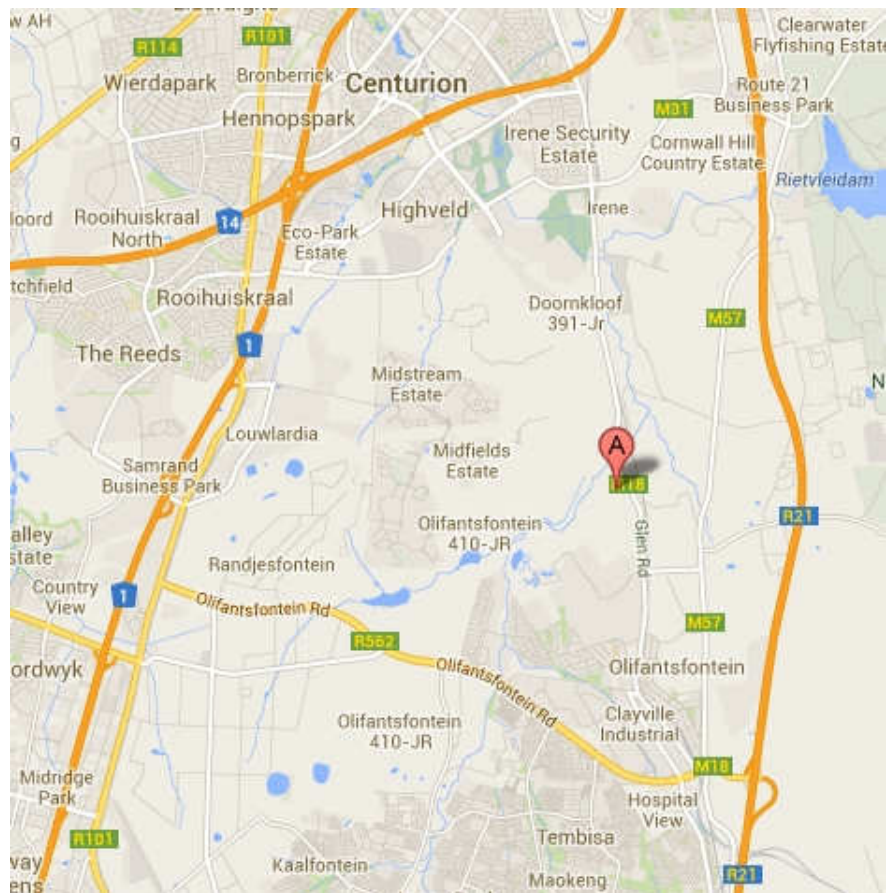
**Green – The Woodlands Office Park**

**Purple – The Big Red Barn**



**The Big Red Barn**  
(on the M18 between  
Olifantsfontein and Irene)

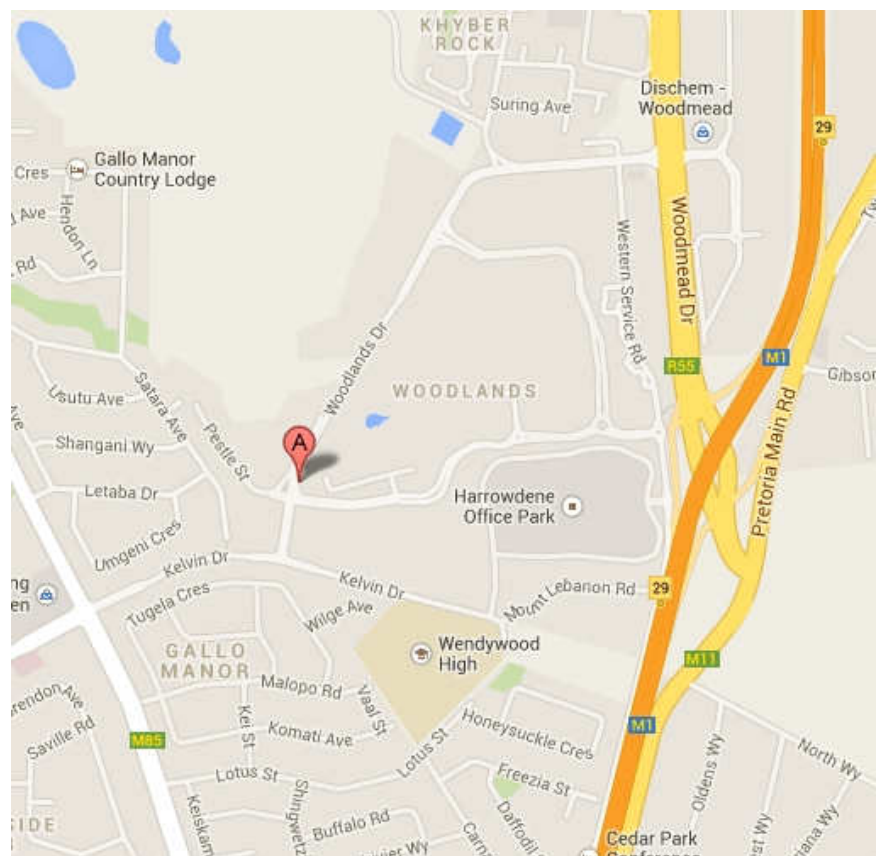
[Link to Google Map](#)



**Woodlands Office Park**  
(off R55 - Woodmead Dr off M1)

Entrance from Woodlands Dr

[Link to Google Map](#)



Entries on-line : [www.orienteingonline.net](http://www.orienteingonline.net)

Event Website: [www.roc.org.za](http://www.roc.org.za)

Entry Closing Date: **Monday 9 June 2014**