

Timothy Chamber

Born: 1996
Currently Living: Cape Town
Occupation: Student
Training Log: http://www.attackpoint.org/log.jsp/user_10490
First started orienteering: 2010
SA Representation JWOC 2013 (Czech Republic) and 2014 (Bulgaria)
3000m TT PB: 9:36



What is your best Local Performance to date and tell us about that race:

Western Cape Champs Long 2013. Probably the cleanest forest race I have ever run, very few mistakes and good route choices throughout. 1st win in M21 and for me was the point that I realised that I'm good enough to win any race I compete in in SA if I run to my ability.

What is your best International Performance to date and tell us about that race:

JWOC Relay 2nd leg 2013. Had some rather shocking races the rest of JWOC, so was happy to at least have one reasonable race. Managed to have a relatively clean run and make up a few places for the team.

What is your proudest orienteering achievement to date and why:

Being the 1st South African in the Big5 O. I was really happy to be able to consistently have good races and prove to myself that I can compete on a similar level to some very good international orienteers.

What is your first orienteering memory?

Getting horribly lost at the Johannesburg Zoo.

What is your favourite orienteering story?

Thinking I was getting shot at by hunters while training in the Czech Republic.

What map is the most memorable area that you have orienteered in?

Praia da vieira oeste in Portugal. My first time running on sand dunes and I just found it really awesome to be able to do so (especially enjoyed one of the legs which had a route choice along the beach).

What is your funniest orienteering experience?

Having to change a tyre in the Lebanon forests.

Who is your orienteering idol and why?

Simone Niggli (*Switzerland*). I find it amazing how she was able to be the best in the world for such a long period of time.

What do you love most about orienteering?

Being able to run in some really amazing places and test myself both physically and mentally.

Aside from orienteering, what other sports do you do on a regular basis?

Athletics, Cross-country, Cycling, Cricket, Tennis, Trail-running.

What is your favourite pre-race breakfast/snack?

Cereal Bar/ Apple