



MEN **DISTANCE 4,000** **CLIMB 80** **Planner Mick Palombo**
Controller Roger Blane

| POS | CLUB | NAME | TIME | POINTS | NOTES | ADJ SPEED |
|-----|--------|--------------------------|---------|--------|-------|-----------|
| 1 | WITSOC | M21 Michael Crone | 0:17:53 | 1,000 | | 0:03.44 |
| 2 | TUKS-O | M21 Bradley Lund | 0:18:33 | 980 | | 0:03.52 |
| 3 | AR | M40 Garry Morrison | 0:20:11 | 960 | | 0:04.12 |
| 4 | ROC | M21 Eugene Botha | 0:20:35 | 940 | | 0:04.17 |
| 5 | ROC | M21 Nicholas Mulder | 0:21:46 | 920 | | 0:04.32 |
| 6 | RACO | M40 Paul Wimberley | 0:22:30 | 900 | | 0:04.41 |
| 7 | WITSOC | M21 Anthony Stott | 0:24:08 | 890 | | 0:05.02 |
| 8 | RACO | M20 Josh de Klerk | 0:25:26 | 880 | | 0:05.18 |
| 9 | RACO | M40 Glynn De Klerk | 0:25:46 | 870 | | 0:05.22 |
| 10 | RACO | M50 Brian Courtnage | 0:25:58 | 860 | | 0:05.25 |
| 11 | WITSOC | M20 Dylan Barry | 0:26:27 | 850 | | 0:05.31 |
| 12 | RACO | M20 Kgatliso Maesela | 0:28:13 | 840 | | 0:05.53 |
| 13 | AR | Artur Lipinski | 0:28:30 | 830 | | 0:05.56 |
| 14 | | Rune Lundgren | 0:28:38 | 0 | | 0:05.58 |
| 15 | ROC | M40 Craig Ogilvie | 0:28:47 | 820 | | 0:06.00 |
| 16 | RACO | M16 James Hancock | 0:29:23 | 810 | | 0:06.07 |
| 17 | RACO | Keagan van Huyssteen | 0:29:48 | 800 | | 0:06.13 |
| 18 | ROC | M60 Ken Robinson | 0:30:02 | 795 | | 0:06.15 |
| 19 | RACO | M60 Pat de Klerk | 0:30:27 | 790 | | 0:06.21 |
| 20 | | Andre Cordes | 0:31:32 | 0 | | 0:06.34 |
| 21 | RACO | M50 Gavin Venter | 0:32:51 | 785 | | 0:06.51 |
| 22 | RACO | M40 Evan Howell | 0:33:04 | 780 | | 0:06.53 |
| 23 | RACO | M50 Peter Hemer | 0:34:11 | 775 | | 0:07.07 |
| 24 | TUKS-O | M50 Richard Lund | 0:34:52 | 770 | | 0:07.16 |
| 25 | RACO | M12 Jordan van Huyssteen | 0:34:56 | 765 | | 0:07.17 |
| 26 | | Keith Prentice | 0:35:20 | 0 | | 0:07.22 |
| 27 | ROC | M50 Richard Martin | 0:35:33 | 760 | | 0:07.24 |
| 28 | AR | M40 Dave Roberts | 0:37:56 | 755 | | 0:07.54 |
| 29 | | Ross Coetser | 0:38:22 | 0 | | 0:08.00 |
| 30 | TUKS-O | M21 Clinton Malepo | 0:38:31 | 750 | | 0:08.01 |
| 31 | ROC | M60 Steve Spottiswoode | 0:40:31 | 748 | | 0:08.26 |
| 32 | ROC | M50 Trevor Pope | 0:40:52 | 746 | | 0:08.31 |
| 33 | ROC | M40 Shane Walker | 0:42:58 | 744 | | 0:08.57 |
| 34 | RACO | M50 Brendan Barry | 0:44:11 | 742 | | 0:09.12 |
| 35 | RACO | M60 Charles Raban | 0:48:04 | 740 | | 0:10.01 |
| 36 | RACO | M40 Charles dos Santos | 0:48:21 | 738 | | 0:10.04 |
| 37 | RACO | M60 Martin Hanlon | 0:49:39 | 736 | | 0:10.21 |
| 38 | ROC | M60 Glen Comins | 0:52:05 | 734 | | 0:10.51 |
| 39 | | Brendon Fairhurst | 1:08:24 | 0 | | 0:14.15 |
| 40 | AR | M70 Jean-Claude Petit | 1:33:17 | 732 | | 0:19.26 |
| 41 | ROC | M50 Brendan Gilpin | 1:44:28 | 730 | | 0:21.46 |
| 42 | ROC | M80 Charles Lautenbach | 1:46:23 | 728 | | 0:22.10 |
| 43 | AR | Pascale Jacqueline Petit | | 0 | DISQ | 0:00.00 |
| 43 | RACO | M20 Kyle Blues | | 0 | DISQ | 0:00.00 |



WOMEN **DISTANCE 3,600** **CLIMB 70** **Planner Mick Palombo**
Controller Roger Blane

| POS | CLUB | NAME | TIME | POINTS | NOTES | ADJ SPEED |
|-----|--------|------------------------|---------|--------|-------|-----------|
| 1 | ROC | W35 Michele Botha | 0:22:00 | 1,000 | | 0:05.07 |
| 2 | TUKS-O | W21 Jessica Lund | 0:22:36 | 980 | | 0:05.15 |
| 3 | RACO | W35 Tania Wimberley | 0:23:46 | 960 | | 0:05.32 |
| 4 | RACO | W20 Christie Courtnage | 0:25:47 | 940 | | 0:06.00 |
| 5 | WITSOC | Stephanie Courtnage | 0:26:08 | 920 | | 0:06.05 |
| 6 | ROC | W21 Stephanie Mulder | 0:28:20 | 900 | | 0:06.35 |
| 7 | RACO | W20 Cian Oldknow | 0:28:21 | 890 | | 0:06.36 |
| 8 | AR | W35 Margaret Archibald | 0:28:25 | 880 | | 0:06.37 |
| 9 | WITSOC | Sarah Bennett | 0:29:04 | 870 | | 0:06.46 |
| 10 | WITSOC | W21 Sarah Roffe | 0:29:48 | 860 | | 0:06.56 |
| 11 | RACO | W16 Heather Wimberley | 0:30:28 | 850 | | 0:07.05 |
| 12 | RACO | W12 Sarah Wimberley | 0:32:44 | 840 | | 0:07.37 |
| 13 | RACO | W21 Mia Raban | 0:33:49 | 830 | | 0:07.52 |
| 14 | RACO | Jessie Oldknow | 0:35:40 | 820 | | 0:08.18 |
| 15 | | Leanie Geldenhuys | 0:36:11 | 0 | | 0:08.25 |
| 16 | ROC | W65 Liz Mulder | 0:37:27 | 810 | | 0:08.43 |
| 17 | | Marlena Nowaczyk | 0:39:37 | 0 | | 0:09.13 |
| 18 | RACO | W35 Pat Howell | 0:40:49 | 800 | | 0:09.30 |
| 19 | ROC | Lindy da Silva Group | 0:41:37 | 795 | | 0:09.41 |
| 20 | ROC | W20 Caylin Walker | 0:44:34 | 790 | | 0:10.22 |
| 21 | RACO | W55 Joan de Klerk | 0:45:19 | 785 | | 0:10.32 |
| 22 | | The Bourns Group | 0:45:50 | 0 | | 0:10.40 |
| 23 | RACO | Alison Curtis | 0:45:58 | 780 | | 0:10.41 |
| 24 | RACO | W55 Jenny Saunders | 0:49:56 | 775 | | 0:11.37 |
| 25 | RACO | W45 Karen Chambers | 0:53:03 | 770 | | 0:12.20 |
| 26 | WITSOC | W21 Caitlin Stewart | 0:53:04 | 765 | | 0:12.20 |
| 27 | RACO | W16 Micaela Venter | 0:53:56 | 760 | | 0:12.33 |
| 28 | ROC | W65 Delphine Comins | 0:58:07 | 755 | | 0:13.31 |
| 29 | ROC | W16 Kirsty Walker | 0:58:43 | 750 | | 0:13.39 |
| 30 | | Rookies Team | 1:01:27 | 0 | | 0:14.17 |
| 31 | ROC | W55 Karin Spottiswoode | 1:02:11 | 748 | | 0:14.28 |
| 32 | | Daniel Moolman | 1:03:39 | 0 | | 0:14.48 |
| 33 | ROC | Tamika da Silva | 1:19:04 | 746 | | 0:18.23 |



NOVICE **DISTANCE 2,000** **CLIMB 30** Planner Mick Palombo
 Controller Roger Blane

| POS | CLUB | NAME | TIME | POINTS | NOTES | ADJ SPEED |
|-----|------|---------------------------|---------|--------|-------|-----------|
| 1 | AR | M12 Cameron Morrison | 0:13:53 | 700 | | 0:06.02 |
| 2 | AR | M12 Connor Morrison | 0:14:33 | 698 | | 0:06.20 |
| 3 | ROC | M40 Mohau Monaledi | 0:19:11 | 696 | | 0:08.20 |
| 4 | RACO | M12 Liam Venter | 0:21:49 | 694 | | 0:09.29 |
| 5 | | Suzanna Stevens | 0:24:00 | 0 | | 0:10.26 |
| 6 | | Sarah Everett | 0:24:27 | 0 | | 0:10.38 |
| 7 | RACO | M12 Matthew dos Santos | 0:25:36 | 692 | | 0:11.08 |
| 8 | ROC | W35 Delsey Monaledi | 0:26:42 | 690 | | 0:11.37 |
| 9 | RACO | W35 Leila Venter | 0:27:41 | 688 | | 0:12.02 |
| 10 | | Julia Smythe | 0:27:50 | 0 | | 0:12.06 |
| 11 | | Watt Group | 0:27:54 | 0 | | 0:12.08 |
| 12 | | Jill Smythe | 0:30:01 | 0 | | 0:13.03 |
| 13 | AR | Barbara De Leeuw-Morrison | 0:31:10 | 686 | | 0:13.33 |
| 14 | RACO | W12 Charlotte Reynolds | 0:36:25 | 684 | | 0:15.50 |
| 15 | RACO | W45 Claudia Reynolds | 0:37:28 | 682 | | 0:16.17 |
| 16 | ROC | M70 Pieter Mulder | 0:38:03 | 680 | | 0:16.33 |
| 17 | RACO | W12 Shelby dos Santos | 0:53:12 | 678 | | 0:23.08 |
| 18 | | Del and Tarren | | 0 | DISQ | 0:00.00 |