

Gauteng Orienteering Championships 2016
Incorporating the SA Sprint Championships

17 – 19 June 2016

Sabie, Mpumalanga

Bulletin 1

Organised by the Rand Athletic Club Orienteers (RACO)
On behalf of the Gauteng Orienteering Clubs. With kind permission York Timbers

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Event Centre: The main Event Centre is situated 13km North of Sabie town just off the road to Graskop (R532) at the Klipkraal nursery. Registration will however take place at the Sprint venue – Sybrand van Niekerk High School - on Friday and also at Klipkraal Nursery on Saturday/Sunday. The Prize-giving will be held at the Event Centre at the Klipkraal nursery.

Competition area: The competition area for the SA Sprint Championship will be the Sybrand van Niekerk High School in central Sabie, while the Klipkraal forest will be used for the Middle and Long distance races.

Directions to Events: These will be published in the Final Bulletin

| | | |
|-------------------|--------------------------|------------------------|
| Programme: | Friday 17 June: | SA Sprint Championship |
| | Starts from 12:00 | Sabie central |
| | Saturday 18 June: | Middle Distance event |
| | Starts from 10:00 | Klipkraal |
| | Sunday 19 June: | Long Distance event |
| | Starts from 09:00 | Klipkraal |
| | 13:00 | Prize-Giving |

Entries: **Entries open immediately and close on Friday 3 June 2016 (24:00). No late entries can be accepted.**

See page 4 for Entry Fees and Banking details

Classes:

M/W12, M/W16, M/W20, M/W21, M40, M50, M60, M70,

M80 W35, W45, W55, W65

M/W21A (non-championship)

Novices courses for non-SAOF members will be provided on all three days.

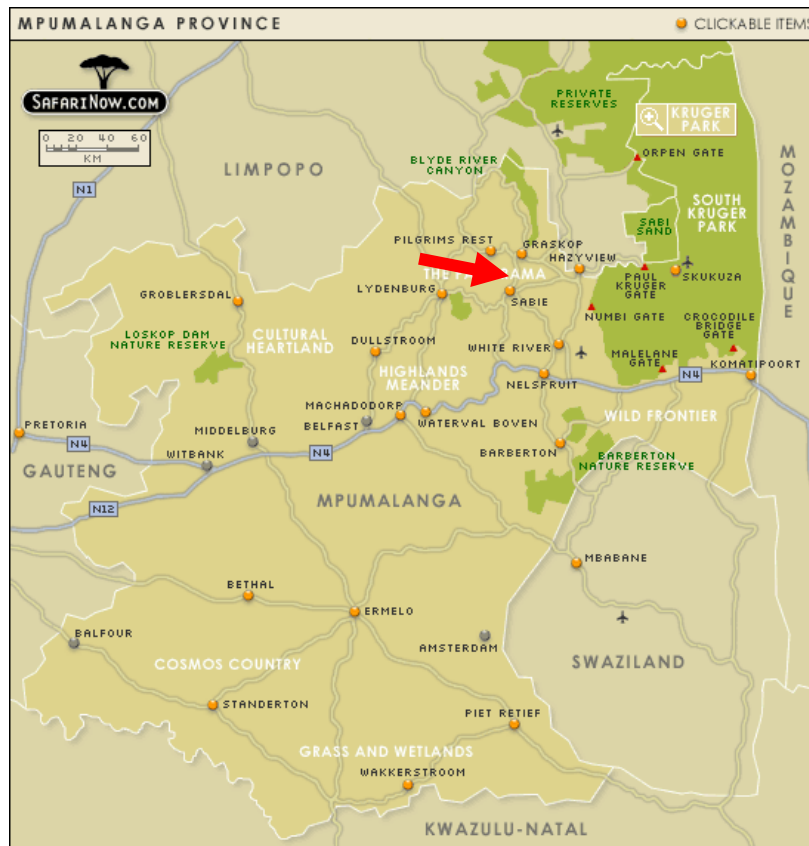
Eligibility

Only members of a club affiliated to the SAOF and who have been resident in South Africa for six months will be eligible for Championship trophies/medals (as per SAOF competition rule 4.1).

Terrain

The terrain at Klipkraal for the Medium and Long distance events consists of pine forest and open sections interspersed with various sizes of boulders and boulder clusters.

General map of the area



Embargoed areas: With immediate effect entire Klipkraal plantation.

Climate: Mid-Winter, the climate is cool at this time of the year, with average temperature ranging from 3°C at night and up to 20°C during the day. No rainfall is expected.

Maps:

| | |
|---------|---|
| Sprint: | 1:4000; drawn to ISOM2000 specifications |
| Middle: | 1:10000; 5m contour interval drawn to ISOM2000 specifications |
| Long: | 1:10000; 5m contour interval drawn to ISOM2000 specifications |

All areas surveyed and updated by Albert Epprecht in 2016.

Hazards: There are no dangerous animals in the competition area, although competitors may encounter various species of buck, jackals and other small animals.

Snakes (including venomous ones) are found in the area but they will usually get out of the runners way. No incidents have been reported due to snakes in similar areas used for Orienteering in South Africa.

Accommodation: Sabie has many guest houses and self-catering accommodation. See:

<http://www.sabie.co.za/stay/index.html>

Camping and Chalets: <http://www.merrypebbles.co.za>

Competition clothing: There is no restriction on competition clothing. However, leg protection is advised for the two forest events.

Electronic Timing System: The EMIT timing system will be used. EMIT cards will be available for hire for the entire event. (Indicate requirement on Entry)

Start Lists: These will be published in the Final Bulletin and on the official website a week before the event.

Results: Full results will be available at the Event Centres and on the official website as soon as practicable after each competition closes.

Refreshments: There will be limited catering at the Event Centres each day.

Toilets: There are toilet facilities at each Event Centre. Regret there are no shower facilities.

Medical: There will be First Aid available at the Event Centres, throughout the competition. The nearest fully equipped hospital is situated in Nelspruit (approximately 50km from the Event Centre)

Entries: Entries open immediately and close midnight on **3 June 2016** (No late entries can be accepted)

Online at: <http://orienteingonline.net/CompetitionBasicInfo.aspx?CompetitionID=2608>

or using the Form at the end of this Bulletin and **email to Zoe at chucky1zb@yahoo.com on or before Friday 3 June 2016.**

Entry Fees:

| | Seniors: | Juniors (<21): | Groups: |
|--------------------------|-----------|----------------|-----------|
| Total 3 Days Events | ZAR350.00 | ZAR200.00 | |
| SA Sprint | ZAR100.00 | ZAR60.00 | |
| Two Days (Mid & Long) | ZAR250.00 | ZAR150.00 | |
| Middle Distance Only | ZAR130.00 | ZAR80.00 | |
| Long Distance Only | ZAR130.00 | ZAR80.00 | |
| Novice (on the day) | ZAR70.00 | ZAR30.00 | ZAR100.00 |
| Emit Card Hire (per day) | ZAR12.00 | | |

NOTE: Entries on the day can only compete on the Novice (LN and SN) Courses.

Payment to be directly into the Rand Athletics Club bank account :

| |
|--|
| Bank: First National Bank (South Africa) Branch Code: 2558055 Acc. Number: 62178608710 Reference: GOC2016_ <your full name> |
|--|

SA Sprint & Gauteng Orienteering Championships 2016
Entry form (use separate form per person)

| | |
|----------------------------|----------------|
| Surname | |
| First name | |
| Address | |
| Cell / Home phone | |
| Date of Birth | DD / MM / CCYY |
| Email | |
| Club | |
| Emergency Contact | |
| Emergency Contact # | |

| | | | | | | | | | | | | |
|------------------|--------------------|---|--|----|----|----|----|-----|----|----|----|----|
| SA Sprint | Category | M | | 12 | 16 | 20 | 21 | 21A | 40 | 50 | 60 | 70 |
| | Mark with X | W | | 12 | 16 | 20 | 21 | 21A | 35 | 45 | 55 | 65 |

| | | | | | | | | | | | | |
|---------------|--------------------|---|--|----|----|----|----|-----|----|----|----|----|
| Middle | Category | M | | 12 | 16 | 20 | 21 | 21A | 40 | 50 | 60 | 70 |
| | Mark with X | W | | 12 | 16 | 20 | 21 | 21A | 35 | 45 | 55 | 65 |

| | | | | | | | | | | | | |
|-------------|--------------------|---|--|----|----|----|----|-----|----|----|----|----|
| Long | Category | M | | 12 | 16 | 20 | 21 | 21A | 40 | 50 | 60 | 70 |
| | Mark with X | W | | 12 | 16 | 20 | 21 | 21A | 35 | 45 | 55 | 65 |

| | |
|--|-------|
| Do you need to hire an EMIT card ? (R12 per event) | (Y/N) |
| NB: If not, what is your EMIT Card Number? | |

| | | | |
|-----------------------------|----------------------------------|--------|------|
| Preferred Start Time | Tick Preferred Start Time | | |
| SA Sprint | Early | Middle | Late |
| Middle | Early | Middle | Late |
| Long | Early | Middle | Late |

ENTRY FEE

| Event | Entry | EMIT Hire |
|-----------------------|--------------|------------------|
| SA Sprint | R | R |
| Middle | R | R |
| Long | R | R |
| All 3 Events (bundle) | R | R |
| TOTAL | | R |

Payment: (Strictly by 3rd June 2016)

| | |
|---|----------------------------------|
| EFT: payment to RACO Club's bank account | Bank: First National Bank |
| Reference: GOC2016_<your full name> | Branch Code: 255805 |
| | Acc. Number: 62178608710 |

E-mail entries to: Zoe at chucky1zb@yahoo.com by 3rd June 2016.

E-mail entries will not be accepted without a proof of payment.

Indemnity: I declare that I participate in these events at my own risk and indemnify the organisers, landowners and sponsors of this race against any claim that may result from my participation.

Signature

Parent/Guardian if under 21