

SA Champs Long Waterval

Results - M21E (8.95km, climb 190m)

*	1	(390)	Gary de Klerk	1:40:23	RACO
*	2	(246)	Ephraim Chuene	2:34:41	POC
*	3	(472)	Khutsiso Matlakala	3:03:49	POC

(M21E , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - M20 (7.84km, climb 180m)

*	1	(91)	Cameron Morrison	1:20:08	RACO
*	2	(90)	Connor Morrison	1:21:37	RACO
*	3	(1692)	Simon Pienaar	1:24:35	RACO
*	4	(336)	Matthew Venter-Clelland	1:30:10	RACO
*	5	(1018)	Luke Schipholt	1:31:07	RACO
*	6	(1777)	Xander Nel Nel	2:01:26	RACO
*	7	(1789)	Elroy Van Niekerk	2:13:29	RACO

(M20 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W21E (7.84km, climb 180m)

*	1	(71)	Sarah Wimberley	1:25:30	RACO
*	2	(20)	Jacori Uys	2:05:22	PenOC

(W21E , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - M40 (7.84km, climb 180m)

*	1	(72)	Gavin Venter	1:49:03	RACO
*	2	(785)	Keith Bowen	2:36:23	RACO

(M40 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W35 (6.8km, climb 135m)

*	1	(69)	Tania Wimberley	1:11:05	RACO
*	2	(158)	Margaret Archibald	1:12:45	RACO
*	3	(133)	Pat Howell	1:49:45	RACO
X		(1699)	Claudette Busschau	DISQ	RACO

(W35 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - M50 (6.8km, climb 135m)

*	1	(89)	Garry Morrison	0:52:25	RACO
*	2	(53)	Paul Wimberley	1:02:45	RACO
*	3	(172)	Glynn de Klerk	1:17:13	RACO
*	4	(51)	Brian Courtnage	1:17:52	RACO
*	5	(183)	Piers Pirow	1:21:21	RACO
*	6	(334)	Richard Venter	1:30:43	RACO
*	7	(60)	David Mercer	1:31:27	ROC
*	8	(217)	Charles Dos Santos	1:37:38	RACO
*	9	(1016)	Hilton Schipholt	1:37:45	RACO
*	10	(610)	Chris OConnell	2:03:04	ROC
*	11	(132)	Evan Howell	2:09:45	RACO

(M50 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - M21A (6.8km, climb 135m)

*	1	(86)	Nico van Hoepen	0:58:51	RACO
*	2	(1603)	Gordon van der Sandt	1:33:57	ROC
*	3	(804)	Mashoto Makgatho	1:50:43	POC
*	4	(1698)	Alex Puntigam	1:53:02	RACO
X		(143)	Jaco Lingerfelder	DISQ	RACO

(M21A , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - M60 (5.4km, climb 100m)

*	1	(11)	Ian Bratt	1:06:30	ROC
*	2	(40)	Richard Lund	1:15:43	RACO
*	3	(153)	Roger Blane	1:29:14	RACO
*	4	(150)	Trevor Pope	1:36:28	ROC

(M60 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W45 (5.4km, climb 100m)

*	1	(1000)	Charlotte Gwilliam	1:39:22	RACO
*	2	(335)	Sandra Clelland	1:59:29	RACO

(W45 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W21A (5.4km, climb 100m)

*	1	(142)	Salome Lingerfelder	0:58:22	RACO
*	2	(614)	Kiara OConnell	1:26:22	ROC

(W21A , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - M16 (4.24km, climb 110m)

*	1	(337)	Oliver Venter-Clelland	1:00:00	RACO
*	2	(257)	Mothobi Mapheto	1:48:22	POC
*	3	(471)	Mercy Chuene	2:17:14	POC
X		(1782)	Mmadiala Leputu	DISQ	POC

(M16 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - Open Med (4.24km, climb 110m)

*	1	(19)	Eben Uys	0:53:32	PenOC
*	2	(1776)	Gareth Edwards	0:54:24	N/A
*	3	(195)	Dave Roberts	1:22:09	RACO
*	4	(1576)	Die Twee Bergies (GRP)	1:29:17	RACO
*	5	(638)	Libby de Klerk	1:34:52	RACO
*	6	(1601)	Tinus van Niekerk	1:36:24	N/A
*	7	(75)	Liam Venter	1:42:00	RACO
*	8	(92)	Barbara de Leeuw-Morris	1:48:25	RACO
*	9	(1774)	Andre Beck	1:59:30	N/A
*	10	(1693)	DC Warriors (GRP)	2:17:13	N/A

(Open Med , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - M80 (4.24km, climb 110m)

*	1	(188)	Glen Terry	1:13:04	PenOC
---	---	-------	------------	---------	-------

(M80 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W16 (4.24km, climb 110m)

*	1	(1653)	Danika Gwilliam	1:09:18	RACO
*	2	(245)	Shelby Dos Santos	1:16:49	RACO
*	3	(391)	Piper de Klerk	1:23:50	RACO

(W16 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - M70 (4.24km, climb 110m)

*	1	(95)	Pat De Klerk	0:50:57	RACO
*	2	(13)	Ken Robinson	0:57:59	ROC
*	3	(179)	Steve Spottiswoode	1:08:36	ROC
*	4	(237)	Albert Epprecht	1:42:48	RACO
*	5	(130)	Glen Comins	2:59:31	ROC

(M70 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W65 (4.24km, climb 110m)

*	1	(125)	Joan De Klerk	1:10:44	RACO
*	2	(180)	Karin Spottiswoode	2:56:39	ROC

(W65 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - M12 (3.19km, climb 50m)

*	1	(1409)	Tshepo Mohloana	1:21:14	POC
X		(1405)	Maisha Mokaba	DISQ	POC

(M12 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

SA Champs Long Waterval

Results - Open Short (3.19km, climb 50m)

*	1	(169)	Rona van Hoepen	1:08:18	RACO
*	2	(94)	Willemien van Hoepen	1:27:46	RACO
*	3	(147)	Uyster (GRP)	1:42:17	N/A
*	4	(1775)	Beulah Beck	2:25:11	N/A
X		(73)	Leila Venter	DISQ	RACO

(Open Short , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W75 (3.19km, climb 50m)

*	1	(189)	Sheila Terry	1:16:24	PenOC
*	2	(121)	Delphine Comins	2:20:22	ROC

(W75 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)

ROC Event



SA Champs Long Waterval

Results - W12 (3.19km, climb 50m)

*	1	(392)	Bailie de Klerk	1:03:28	RACO
---	---	-------	-----------------	---------	------

(W12 , Not Finish = 0 , * = Rank Fixed , ? = Late Start Suspicion)