

## GOC 2021 Long distance

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### Results - M21E ( 10.4km, climb 225m )

1	(4)	Nicholas Mulder	ROC	1:15:35
2	(2)	Garry Morrison	RACO	1:33:55
3	(5)	Nico van Hoepen	RACO	1:35:31
4	(1)	Carl Holmes	RACO	2:11:05
5	(3)	James Hancock	RACO	2:21:51

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### Results - M20 ( 8.2km, climb 160m )

1	(8)	Connor Morrison	RACO	1:09:05
2	(13)	Matthew Venter-Clelland	RACO	1:20:43
3	(6)	Cameron Morrison	RACO	1:20:52
4	(12)	Luke Schipholt	RACO	1:21:52
5	(17)	Simon Pienaar	RACO	2:16:00

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### Results - M40 ( 8.2km, climb 160m )

1	(10)	Gary de Klerk	RACO	1:08:02
2	(11)	Gavin Venter	RACO	1:34:22
3	(9)	Evan Howell	RACO	1:59:34
4	(7)	Charles Dos Santos	RACO	2:11:42

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Results - W21E ( 8.2km, climb 160m )

1	(16)	Sarah Wimberley	RACO	1:16:30
2	(14)	Pat Howell	RACO	2:05:22
3	(15)	Sarah Roffe	ROC	2:07:58

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Results - M21A ( 7km, climb 150m )

1	(18)	Alex Puntigam	RACO	1:20:34
2	(19)	Alistair Barker	RACO	1:55:39

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### Results - M50 ( 7km, climb 150m )

1	(25)	Piers Pirow	RACO	1:06:01
2	(20)	Brian Courtnage	RACO	1:06:19
3	(24)	Hilton Schipholt	RACO	1:22:33
4	(23)	Glynn de Klerk	RACO	1:28:11
5	(21)	Chris OConnell	ROC	1:28:21
6	(26)	Richard Venter	RACO	1:34:18

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Results - W35 ( 7km, climb 150m )

1	(28)	Tania Wimberley	RACO	1:14:05
2	(27)	Stephanie Mulder	ROC	1:32:02
3	(22)	Claudette Busschau	RACO	1:50:17

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Results - M16 ( 5.3km, climb 115m )

1	(31)	Oliver Venter-Clelland	RACO	1:07:42
2	(29)	Connor Bell	RACO	1:12:34



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Results - M60 ( 5.3km, climb 115m )

1	(32)	Richard Lund	RACO	1:09:13
2	(33)	Roger Blane	RACO	1:09:16
3	(34)	Trevor Pope	ROC	1:21:10
4	(30)	Derek Brentano	RACO	1:25:08

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Results - W45 ( 4.9km, climb 90m )

1	(38)	Sandra Clelland	RACO	1:33:23
2	(35)	Charlotte Gwilliam	RACO	1:41:19

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Results - W16 ( 4.9km, climb 90m )

1	(37)	Piper de Klerk	RACO	1:25:24
2	(36)	Danika Gwilliam	RACO	2:28:42

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### Results - M70 ( 3.2km, climb 60m )

1	(47)	Pat De Klerk	RACO	0:35:28
2	(46)	Ken Robinson	ROC	0:36:46
3	(40)	Charles Raban	RACO	0:54:08
4	(39)	Albert Epprecht	RACO	1:23:29
5	(42)	Glen Comins	ROC	2:54:38

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Results - W75 ( 3.2km, climb 60m )

1	(48)	Sheila Terry	PenOC	1:18:58
2	(41)	Delphine Comins	ROC	1:28:36

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Results - M80 ( 3.2km, climb 60m )

1	(43)	Glen Terry	PenOC	1:09:58
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Results - W55 ( 3.2km, climb 60m )

1	(49)	Sonja Currie	N/A	0:52:12
2	(44)	Jenny Saunders	RACO	1:00:38

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Results - W65 ( 3.2km, climb 60m )

1	(45)	Joan De Klerk	RACO	0:43:15
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### Results - W12 ( 2.5km, climb 45m )

1	(53)	Jenna Pirow	RACO	0:21:01
2	(50)	Bailie de Klerk	RACO	0:23:44
3	(55)	Kirsten Pirow	RACO	0:36:49

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### Results - Open Short ( 2.5km, climb 45m )

1	(52)	Gavin Jiya	N/A	0:41:20
2	(57)	Willemien van Hoepen	RACO	0:42:16
3	(54)	Kim Barker	RACO	1:23:32
4	(56)	KK (GRP)	RACO	1:25:52

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Results - Open Long ( 6km, climb 110m )

1	(58)	Rona van Hoepen	RACO	1:19:05
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