

GOC 2021 Middle distance

Results - M21E (5.1km, climb 90m)

1	(2)	Garry Morrison	RACO	0:30:39
2	(4)	Nicholas Mulder	ROC	0:31:41
3	(5)	Nico van Hoepen	RACO	0:34:17
4	(1)	Carl Holmes	RACO	0:41:48
5	(3)	James Hancock	RACO	0:49:40

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Results - M20 (4.3km, climb 70m)

1	(6)	Cameron Morrison	RACO	0:32:28
2	(12)	Luke Schipholt	RACO	0:37:59
3	(8)	Connor Morrison	RACO	0:41:55
4	(13)	Matthew Venter-Clelland	RACO	0:45:42
5	(17)	Simon Pienaar	RACO	0:57:36

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Results - M40 (4.3km, climb 70m)

1	(10)	Gary de Klerk	RACO	0:40:52
2	(7)	Charles Dos Santos	RACO	0:45:27
3	(11)	Gavin Venter	RACO	0:55:47
4	(9)	Evan Howell	RACO	1:10:26

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Results - W21E (4.3km, climb 70m)

1	(18)	Tania Wimberley	RACO	0:34:07
2	(16)	Sarah Wimberley	RACO	0:40:15
3	(15)	Sarah Roffe	ROC	0:40:16
4	(14)	Pat Howell	RACO	0:58:17

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Results - M21A (3.9km, climb 60m)

1	(19)	Alex Puntigam	RACO	0:35:21
2	(20)	Alistair Barker	RACO	0:43:08
3	(29)	Team Ha (GRP)	N/A	1:29:14
	(35)	Team Joe (GRP)	N/A	DISQ

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Results - M50 (3.9km, climb 60m)

1	(21)	Brian Courtnage	RACO	0:34:07
2	(26)	Piers Pirow	RACO	0:35:09
3	(24)	Glynn de Klerk	RACO	0:36:59
4	(22)	Chris OConnell	ROC	0:42:37
5	(27)	Richard Venter	RACO	1:00:11
	(25)	Hilton Schipholt	RACO	DISQ

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Results - W35 (3.9km, climb 60m)

1	(28)	Stephanie Mulder	ROC	0:39:25
2	(23)	Claudette Busschau	RACO	0:45:18

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Results - M16 (3.5km, climb 55m)

1	(32)	Oliver Venter-Clelland	RACO	0:37:58
2	(30)	Connor Bell	RACO	0:38:25

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Results - M60 (3.5km, climb 55m)

1	(33)	Richard Lund	RACO	0:35:51
2	(34)	Roger Blane	RACO	0:40:03
3	(36)	Trevor Pope	ROC	0:53:41
4	(31)	Derek Brentano	RACO	1:04:45

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Results - W45 (3.5km, climb 40m)

1	(40)	Sandra Clelland	RACO	0:50:24
2	(37)	Charlotte Gwilliam	RACO	1:27:42

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Results - W16 (3.5km, climb 40m)

1	(39)	Piper de Klerk	RACO	0:49:28
2	(38)	Danika Gwilliam	RACO	1:39:29

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Results - M70 (2.7km, climb 30m)

1	(48)	Ken Robinson	ROC	0:24:43
2	(49)	Pat De Klerk	RACO	0:25:29
3	(42)	Charles Raban	RACO	0:36:23
4	(41)	Albert Epprecht	RACO	0:43:23
5	(44)	Glen Comins	ROC	1:23:19

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Results - W75 (2.7km, climb 30m)

1	(43)	Delphine Comins	ROC	1:02:29
2	(50)	Sheila Terry	PenOC	1:08:31

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Results - M80 (2.7km, climb 30m)

1	(45)	Glen Terry	PenOC	0:39:45
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Results - W65 (2.7km, climb 30m)

1	(46)	Joan De Klerk	RACO	0:34:02
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Results - W12 (2.3km, climb 30m)

1	(54)	Jenna Pirow	RACO	0:21:09
2	(51)	Bailie de Klerk	RACO	0:24:37
3	(56)	Kirsten Pirow	RACO	0:33:16

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Results - Open Short (2.3km, climb 30m)

1	(52)	Ernest Tembo	ROC	0:46:03
2	(57)	Willemien van Hoepen	RACO	0:51:16
3	(55)	Kim Barker	RACO	1:04:45

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Results - Open Long (4.8km, climb 70m)

1	(58)	Lionel Stander	ROC	0:46:31
2	(59)	Rona van Hoepen	RACO	1:25:07