



What a weekend! A very wet Saturday at Hawequas and a glorious Sunday at Doolhof. But excellent orienteering all round and I think all those who came out had a great time.

The full results are on [our website](#) and on AttackPoint ([here](#) and [here](#))- where you can see where you did well and at which controls you came unstuck.

Thanks to our hosts - *Hawequas Scout Center* and *Doolhof Wine Estate* - for allowing us use of their beautiful venues - and especially to Kuba at Hawequas for the roaring fire to warm us up after the run.

And then a huge thank-you must go to **Tim Chambers** for drawing the maps and planning the Doolhof courses as well as to **Paul Macey** for planning the Hawequas courses. Also thanks to all those who helped in a myriad of ways to make the weekend happen: **Jacori, Eben, Lyn, Mark, Gerard, Sam, Kathie, Gustao, Roland** and **Esther**. (Apologies if I have forgotten anyone.)

Please keep an eye out for details of our next event which we are hoping will be at Delheim on June 08.

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**WESTERN CAPE CHAMPIONSHIPS - MIDDLE DISTANCE - HAWEQUAS**



## Hawequas Results

Class	Name	Club	Result
M12	Jason Botha	ROC	00:44:10
M20	Thomas Ashworth	PenOC	01:12:13
M21A	Tim Chambers (N/C)	PenOC	00:42:58
M21A	Nicholas Mulder	ROC	00:53:20
M21A	Mark Vernon	PenOC	01:01:01
M21A	Lance Kime	PenOC	01:02:23
M21A	Oliver James	PenOC	01:29:58
M40	Eugene Botha	ROC	00:45:34
M40	Gerard Van Weele	PenOC	00:51:49
M40	Eben Uys	PenOC	01:03:41
M40	Benjamin Young	PenOC	01:03:51
M40	Peter Macfarlane	PenOC	01:38:25
M50	Ben Bohm	PenOC	00:44:53
M50	Bruce Macfarlane	PenOC	01:31:00
M60	Jean-Paul Van Belle	PenOC	00:55:12
M60	Sam Troost	PenOC	01:17:53
M60	Roland Croxford	PenOC	01:26:21
M70	Rob Nieuwveld	PenOC	00:48:28
M70	Stephen Mills	PenOC	00:54:19
M80	Albert Epprecht	RACO	00:51:18
M80	Neville Stocks	PenOC	01:01:11
M80	Pieter Mulder	ROC	01:19:09

W12	Riek Van Weele	PenOC	DISQ
W16	Rebecca Botha	ROC	00:46:57
W16	Anne Macey	PenOC	01:22:16
W21A	Sarah Wimberley	PenOC	00:47:43
W21A	Michele Botha	ROC	00:52:53
W21A	Carla Collins	PenOC	00:53:28
W21A	Jessica Lund	PenOC	00:53:55
W35	Stephanie Mulder	ROC	00:49:11
W35	Jacori Uys	PenOC	00:51:47
W45	Belen Sanchez	PenOC	01:08:04
W45	Judith Kluge	PenOC	01:31:32
W45	Lyn Terry	PenOC	01:35:55
W55	Kathy Kitchin	PenOC	01:07:03
W55	Helen Kleynhans	PenOC	01:35:50
W55	Linda Croxford	PenOC	02:27:23
W65	Kathie Troost	PenOC	01:13:57
W75	Liz Mulder	ROC	00:54:50
SN	Jan-Daan Van Wyk	PenOC	00:37:15
SN	Gerry Brynard		00:42:41
SN	Eva Van Belle	PenOC	01:14:42
Tech	Gustao De Freitas	PenOC	00:45:54
Tech	Team: Nic and Andrea	PenOC	01:08:59
Tech	Emily Hancock	PenOC	01:15:27
Tech	Bruce Merry	PenOC	01:25:09
Tech	Phil Wright	PenOC	DISQ

[Click here for full split-times on AttackPoint,](#)

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**WESTERN CAPE CHAMPIONSHIPS - LONG DISTANCE - DOOLHOF**



## Doolhof Results

Class	Name	Club	Result
M12	Oliver Lange	PenOC	00:40:42
M12	Jason Botha	ROC	00:44:35
M20	Thomas Ashworth	PenOC	01:38:18
M21A	Nicholas Mulder	ROC	01:41:49
M21A	Lance Kime	PenOC	01:44:49
M21A	Oliver James	PenOC	02:37:41
M40	Eugene Botha	ROC	01:18:22
M40	Gerard Van Weele	PenOC	01:48:22
M40	Eben Uys	PenOC	01:53:30
M40	Benjamin Young	PenOC	02:09:16
M40	Peter Macfarlane	PenOC	03:29:34
M50	Ben Bohm	PenOC	02:20:36
M50	Peter Ashworth	PenOC	02:26:43
M50	Bruce Macfarlane	PenOC	03:06:28
M60	Jean-Paul Van Belle	PenOC	01:41:19
M60	Roland Croxford	PenOC	02:04:16
M60	Sam Troost	PenOC	02:09:55
M70	Rob Nieuwveld	PenOC	01:19:24
M70	Stephen Mills	PenOC	01:41:18
M80	Albert Epprecht	RACO	01:13:54
M80	Pieter Mulder	ROC	01:56:35
M80	Neville Stocks	PenOC	DISQ
W16	Rebecca Botha	ROC	01:18:36
W21A	Sarah Wimberley	PenOC	01:29:21

W21A	Carla Collins	PenOC	01:36:52
W21A	Michele Botha	ROC	01:39:00
W21A	Jessica Lund	PenOC	DISQ
W35	Jacori Uys	PenOC	01:36:23
W35	Stephanie Mulder	ROC	02:27:00
W45	Belen Sanchez	PenOC	01:30:40
W45	Lyn Terry	PenOC	01:51:36
W45	Jenny Lange	PenOC	01:56:41
W55	Kathy Kitchin	PenOC	01:45:28
W55	Helen Kleynhans	PenOC	02:15:50
W65	Kathie Troost	PenOC	01:27:33
W75	Liz Mulder	ROC	01:13:05
SN	Team: Macey family		00:36:07
SN	Team: Obree Luck		01:03:55
LN	The Cases		01:14:28
LN	The Natts		01:39:33
LN	Team Grysie		01:56:49
LN	Jan-Daan Van Wyk	PenOC	02:00:22
LN	Emily Hancock	PenOC	02:19:02
LN	Cathie Ellis		02:20:56
LN	Eva Van Belle	PenOC	DISQ
LN	Team: I want to go to there		DISQ
Tech	Robert Obree		01:14:05
Tech	Rory Ellis		01:28:39
Tech	Team: Nic and Andrea		01:37:04
Tech	MurrayMax		01:39:56
Tech	Gustao De Freitas	PenOC	01:40:21

[Click here for full split-times on AttackPoint.](#)

## 2024 Event Calendar

- Sat 08 Jun – Delheim
- Sun 07 Jul – Coetzenberg
- Sun 04 Aug – False Bay Nature Reserve
- Sat 07 Sep – Eden Forest
- Sun 29 Sep – Greenpoint Park
- Sat 12 Oct – Clovelly Night Event
- Sat 26 Oct – Doordekraal Dam

- Sun 17 Nov – Keurboom Park
  - Sun 08 Dec – SA Astronomical Observatory
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## Club Membership 2024

2024 club membership is now open. And in the world of ever increasing costs we are pleased to announce that our prices are unchanged!

For just R200 (individual) / R300 (family), how can you not join your favourite orienteering club?

Benefits of PenOC club membership:

- Reduced event fees.
- Eligibility to enter championship events.
- Lots of other cool stuff

Now that we've convinced you, be sure to click the link below to take out a membership.

[Signup for 2024 PenOC club membership](#)

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## Club Jacket

The new club jackets are here! We're making them available for just R500 and stock is limited, so make sure to come and chat to us at the next event.

It's a 100% polyester softshell jacket manufactured by BoldGear. At 325g, it has a soft outer shell with great breathability, but it is not waterproof.



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### **Whatsapp Group**

We have launched a Whatsapp group for those who want to make sure that they don't miss any event notifications. The group will only be used for posts regarding upcoming events.

To join the group, please follow the below link or scan the QR code.

[Join WhatsApp Group](#)



## PenOC Events

WhatsApp group



Scan or upload this QR code using the  
WhatsApp camera to join this group



**Peninsula**  
ORIENTEERING CLUB

