

2024 Sprint Cup Overall Results

Men			Prelim	Final	
Rank	Name	Club	Result	Result	Overall
1	Cameron Morrison	RACO	00:15:08	00:11:56	00:27:04
2	Tristan Babcock	RACO	00:15:31	00:12:31	00:28:02
3	Garry Morrison	RACO	00:16:04	00:14:40	00:30:44
4	Alex Puntigam	RACO	00:17:48	00:13:19	00:31:07
5	Paul Wimberley	RACO	00:17:07	00:14:48	00:31:55
6	James Hancock	RACO	00:18:17	00:15:23	00:33:40
7	Gary de Klerk	RACO	00:20:01	00:16:31	00:36:32
8	Matthew Dos Santos	RACO	00:22:36	00:17:38	00:40:14
9	Brian Courtnage	RACO	00:22:26	00:19:54	00:42:20
10	Piers Pirow	RACO	00:23:21	00:20:33	00:43:54
11	Gavin Venter	RACO	00:24:44	00:20:39	00:45:23
12	Christiaan Marais	ROC	00:25:40	00:21:02	00:46:42
13	Ian Bratt	ROC	00:26:53	00:22:20	00:49:13
14	Rhys Jones	N/A	00:30:17	00:21:29	00:51:46
15	Glynn de Klerk	RACO	00:22:09	00:30:05	00:52:14
16	Richard Venter	RACO	00:26:58	00:26:54	00:53:52
17	Evan Howell	RACO	00:27:30	00:26:23	00:53:53
18	Charles Dos Santos	RACO	00:28:31	00:29:37	00:58:08
19	Trevor Pope	ROC	00:32:42	00:26:48	00:59:30
20	Derek Brentano	RACO	00:34:30	00:25:35	01:00:05
21	Richard Lund	RACO	00:32:01	00:31:05	01:03:06
22	Glen Terry	ROC	00:45:21	00:46:03	01:31:24
	Vusi Dlamini	RACO	00:21:33	DISQ	
	Pat De Klerk	RACO	00:28:15	DISQ	
	Steve Spottiswoode	ROC	00:42:47	DISQ	
	Aidan de Koning	RACO	DISQ	00:16:28	
	Lukas Babcock	RACO	DISQ	00:24:32	

Women			Prelim	Final	
Rank	Name	Club	Result	Result	Overall
1	Sarah Roffe	ROC	00:17:32	00:15:10	00:32:42
2	Stephanie Mulder	ROC	00:19:09	00:16:50	00:35:59
3	Sarah Cavanagh	ROC	00:21:33	00:15:35	00:37:08
4	Claudette Busschau	RACO	00:20:27	00:16:54	00:37:21
5	Bailie de Klerk	RACO	00:23:17	00:17:42	00:40:59
6	Jenna Pirow	RACO	00:32:03	00:18:00	00:50:03
7	Micaela Venter	RACO	00:29:29	00:22:01	00:51:30
8	Pat Howell	RACO	00:31:14	00:25:33	00:56:47
9	Michelle Babcock	RACO	00:41:32	00:36:27	01:17:59
10	Karin Spottiswoode	ROC	00:48:27	00:55:27	01:43:54
11	Sheila Terry	ROC	01:01:25	01:00:02	02:01:27
	Tania Wimberley	RACO	00:19:20	DISQ	
	Sandra Clelland	RACO	00:28:09	DISQ	
	Willemien van Hoepen	RACO	00:42:39	DNS	
	Delglen (GRP)	ROC	01:58:15	DNS	
	Damien Langenhoven	N/A	DNS	00:19:02	
	Beefcakes (GRP)	N/A	DNS	00:25:26	